

# Act for Europe: Theatre for Active Citizenship

Erasmus+ Youth (Key Action 1)

Mobility of Youth Workers - Training Course

ASHA Centre, UK, 29 October-6 November 2014

Information Pack





## Project summary

This is an Erasmus+ (Mobility of youth workers) project aimed at developing youth workers' competences in using theatre methods to promote active citizenship of young people in Europe.

The project is part of a series of three eight-day training courses to be held in the UK, Georgia and Albania. The main themes of the project are art, theatre and active European citizenship.

The project's context and origin are connected with GTC's involvement in three regions: EU, South-East European countries and Eastern European and Caucasus Countries (we implemented projects in all three regions).

This training course will bring together a total of 32 participants from 8 organisations in 8 countries (Lithuania, Poland, Romania, Turkey, Croatia, Estonia, Italy and of course UK).

## Project objectives

The objectives of the project are:

1. To explore the concept of active European citizenship and its relevance in contemporary youth work practice
2. To improve participants' competences in using theatre methods in youth work
3. To share experience and good practice in using theatre methods for active citizenship
4. To increase the capacities of partner organisations in fostering young people's active citizenship
5. To raise the profile of international youth work and the Erasmus+ Programme

## Working methods

A non-formal education, participatory learning approach will be used, following principles of acting and being an active citizen, respecting individual knowledge and skills, enabling participants to co-facilitate the learning process, sharing creative ideas and information, using art and theatre to promote active European citizenship.

Please note this is not an academic conference or a professional theatre course!



**Participant profile**

The course is open to youth workers, youth leaders and volunteers in youth organisations, aged 18-35, and interested in using theatre methods in youth work.

**Project dates**

29 October – 6 November 2014

The course programme will start on October 30 and finish in the evening of November 6.

All participants have to arrive in **GLOUCESTER** on October 29 (during the whole day).

The check-out time on the departure day is at 10 AM. The last transfer from the ASHA Centre to Gloucester will leave at 11:00 AM on the last day of the project

Organisers will provide board and lodging between October 29 (afternoon) and November 6 (morning) only.

**What to bring/prepare before the course**

- Food, drinks, snacks and anything that’s representing your country/culture
- Original tickets, invoices, boarding passes etc. (see below)
- Motivation to learn!



**Language**

The language of the training course will be English. Participants should be proficient in English and willing to communicate in English throughout the whole course duration.



**Venue**

The course will be held in the ASHA Centre, in the beautiful Forest of Dean.





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All rooms have either baths or showers. Towels and bed linen will be provided.

Photos of the ASHA Centre's residential facilities can be found here:

<http://www.ashacentre.org/index.php/gallery/item/628-house>



!!! You will be sharing room(s) with another person(s) of the same sex in mixed national groups. We advise you to **bring your own suitcase** as you will not be sharing rooms with your friends/colleagues from the same country.

!!! Note: **Please note that organisers will not provide any additional accommodation for your stay in the United Kingdom outside the training dates.** Those of you willing to arrive few days earlier or depart few days later should inform us and we will assist you in booking a hotel or hostel in the UK.

!!! Note: Wireless internet is available at the ASHA Centre. Please note no computers will be made available to participants so you need to bring your own device!

!!! Note: The ASHA Centre has carpeted areas where shoes are to be removed. We advise you to bring a comfortable pair of house shoes/slippers.

!!! **UK electric plugs/sockets differ from continental/European – please bring your own electrical adapter**

### Travelling to the UK

ASHA Centre is located in the Forest of Dean, near Gloucester. The nearest airports are (listed by distance/convenience of travel to Gloucester):

- Bristol Airport (Approx. 2h to Gloucester by coach)
- Birmingham Airport (approx 2h to Gloucester by coach)
- Heathrow Airport (Approx. 3-4 hrs to Gloucester by coach)
- Luton Airport (Approx. 4-5 hrs by coach to Gloucester by coach)
- Gatwick Airport (Approx. 5h to Gloucester by coach)
- 
- Stansted Airport (Approx. 5h to Gloucester by coach)
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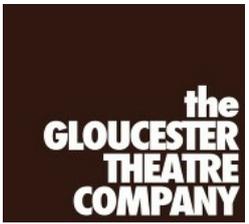


Travelling by coach from all London Airports (apart from Heathrow) involves a change at London Victoria.

Please check for the cheapest travel option from your city and contact the organisers for route and price approval.



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## Transport to and from the venue

Please be advised that coaches offer cheapest services for local transport within the UK. We advise you to travel to Gloucester using only this mean of transport. National Express provides services from all major London airports



NationalExpress <http://www.nationalexpress.com>

- We recommend you to travel by coach from the airport to **Gloucester** by National Express coaches. Please, check [www.nationalexpress.com](http://www.nationalexpress.com) for schedules and prices. You can buy the tickets beforehand in the internet, but, please, bear in mind that the tickets have fixed time, that's why it might be better to buy the tickets on the spot at the airport.
- You need to take a coach to **Gloucester** (Gloucester Coach Station, situated in the centre of the city – do NOT buy tickets for Gloucester Longlevens)
- We will only reimburse DURING the training so you should also buy RETURN tickets from the airports to Gloucester). Those of you who are planning to stay in the UK outside project dates longer should also buy RETURN tickets from the airports to Gloucester.

Organisers will arrange pick-ups from Gloucester coach station to ASHA Centre (no public transport is available on this route). We will contact you with details of pick-up arrangements once all arrival times and dates will be confirmed.



## Travel costs

The organisers will reimburse your travel expenses at 70% of the overall cost.

Please bear in mind the new Erasmus Plus travel limits for your country. However, if for good reasons your travel costs exceed the limit, we will still reimburse at 70%.

If you do intend to purchase tickets that exceed the Erasmus + limit for your country, **you must contact us first for approval before purchasing the ticket.** If you do not, we will only reimburse a maximum of 70% of travel costs **up to a maximum of the travel limit for your country.**

Participants' travel costs from their home city to the ASHA Centre will be reimbursed according to two criteria:



- Distance from home town to Flaxley, United Kingdom (please use the official E+ calculator to establish the distance [http://ec.europa.eu/programmes/erasmus-plus/tools/distance\\_en.htm](http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm))
- (Please note that the distance is calculated one-way, but the reimbursement amounts are for return travel);
- Maximum travel reimbursement fees as indicated in the application form

We kindly ask all participants to take the most environmentally friendly and cost effective alternative available.

**! Note:** Reimbursement of travel costs will only be done upon **presentation of all (including return tickets) original tickets, receipt/invoices and boarding passes**. This means that once home after the training, participants will be asked to send the originals of all return documents and boarding passes. **Please remember to bring the original invoices** – there will be no reimbursement without the original invoices and tickets with indicated Names of travellers, description of the journey, indication of cost and currency and date of travel.

**!! Note:** Tickets/invoices in languages other than English have to be translated by participants (key info only: date, venue, route, issuing agent etc).

**!!! Note:** Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/invoice (UK participants excluded). Any tickets purchased in a local currency other than EUR, will then be converted and calculated according to the exchange rate of the month when the grant agreement for this project will be signed by the NA, as stated in the official European Commission web-site at <http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en>

**!!!! Note:** Local travel from Gloucester to the ASHA Centre will be arranged by the organisers. Costs will be deducted from the travel reimbursement. The trip will cost 10 GBP/person (one-way). Please ensure you arrive before 23.00 GMT, otherwise the organisers may be forced to hire private taxis for you, which can cost between £40 - £50 per car.

**!!!!! Note:** Please check page 7 for the travel budget limits at the end of this document. If travel costs exceed the budget limit, please contact the organisers for approval BEFORE purchasing. Participants are strongly advised to book trip travel well in advance to keep costs within the budget limits..

**!!!!!! Note:** Please **send copies** (scans) of all tickets and invoices and **email them to E-MAIL** before attending the training. This will be very helpful to organisers to begin processing the financial and reimbursement data so that all payments may be made as efficiently as possible.



**! Please DO NOT BUY tickets before consulting with the organisers.**

## Visa arrangements

Participants from Turkey who will require visas will have to send us additional information: passport number, place of issue, issuing institution, expiry date.

## Health insurance

Health insurance is not provided and will not be reimbursed by the organisers. All participants are strongly advised to purchase private travel insurance, as costs of private health care in the UK are quite high.



## Participating countries and travel budgets

(this includes local travel in your home country and local travel in Georgia)

Country	MAXIMUM reimbursement per person (return journey) (Actual to be based on the distance as indicated in Erasmus+ calculator)
Italy	360.00
Lithuania	275.00
Estonia	275.00
Poland	275.00
Romania	360.00
Turkey	530.00
Croatia	275.00





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### Contact

If need help with your travel booking or have any questions regarding the training course, please feel free to contact:

**[gtc.youthinaction@gmail.com](mailto:gtc.youthinaction@gmail.com)**



### How to apply

You are requested to use the standard **application form** that has been attached along with this document.

You are requested to write your application in English.

Before sending your e-mail please, remember name your filled application like this following example:

**“COUNTRY\_LAST NAME\_FIRST NAME\_YTSI”**

After naming your application as stated above,

Kindly submit your application to our project address:

**E-MAIL: [gtc.youthinaction@gmail.com](mailto:gtc.youthinaction@gmail.com)**

Please feel free to fill in the attached application form and send it to us before the

**[30/09/2014](#)**